

LENTEN CHALLENGE



During the Season of Lent, I will open my heart and challenge myself to become more like Christ by participating in these acts of penance and contemplation (select yours):

PRAYER

- Go to Reconciliation during Lent (Parish Penance Service or find other times offered)
- Pray the Stations of the Cross (Fridays of Lent at 7:00 p.m.)
- Attend Adoration of the Blessed Sacrament (TH 5:00-7:30 p.m. Sat 8:00-8:45 a.m., Sundays of Lent 12:30 pm)
- Go to a Lenten Reflection (Fr. Sunday Akuh talk about Africa and their traditions)
- Participate in extra morning or weekday Masses
- Spend 10 minutes in meditative prayer each day (Magnificat, Word Among Us, Hallow.app, IBreviary.com)
- Meditate on the Passion Gospel (John 18:1-19:42)
- Read Bishop Robert Barron's Lenten Reflections (wordonfire.org)
- Pray the Rosary for world peace or an end to abortion
- Listen to Redeemer Radio or Christian Music (redeemerradio.com)
- Daily Offering to the Lord

FASTING FROM

- Complaining
- Gossip or negativity
- Social Media
- TV/Radio and substitute Redeemer Radio (redeemerradio.com) or Catholic programming
- Screen time and substitute the Formed Program, free to the parish, go to our parish website
- Any food between meals
- Your favorite food
- Alcoholic beverages or soda

ALMSGIVING

- Give to Operation Rice Bowl (crsricebowl.org or return to the parish in the boxes provided)
- Increase your weekly tithe
- Donate to our weekly 2nd Collection Parish Alms for various groups in the community
- Donate time to our service ministries, such as Lectors, Ushers, Altar and Rosary Society, Legion of Mary, etc
- Give of your time, talent, or treasure to a worthy cause

Kids Lenten Challenge!

During the Season of Lent, I will try to be more like Jesus by: (Pick a one or a few from each act of penance that will bring you closer to Jesus by doing them often during Lent.)

PRAYER

- Pray a decade of the Rosary every day
- Read a little from your Bible each night
- Pray with your family at mealtimes
- Pray for Peace, life, and our parish
- Go to adoration

FASTING FROM

- My favorite food, beverage, or treat
- Complaining or disobeying
- Gossip or negativity
- TV, YouTube, TikTok, or other video apps
- Screen time one day a week

GIVING

- Collect coins for Operation Rice Bowl
- Invite someone new to play or hangout
- Give your time to help at our parish
- Give your time to help at school
- Do extra chores at home to help out



LENT 2021

AT ST. STANISLAUS KOSTKA PARISH



Entering into Solemn Preparation

The entire **Lenten Season** is a journey devoted to preparing for the great celebration of the *Paschal Mystery* at Easter. We walk alongside Jesus on this journey by engaging in the disciplines of **prayer, fasting, and almsgiving.**

Our parish is offering lots of opportunities for prayer, fasting, and giving alms together, including praying the **Station of the Cross** on Fridays, **Parish Reconciliation** on March 9, **Community Alms Collections** each weekend, and our stunning Triduum liturgies. Please join us and invite others as well.

<p>WEEK 1</p> <p>February 17 <i>Ash Wednesday</i> Mass: 8:00 am, 12:00 pm, 7:00 pm</p> <p>February 19 <i>Stations of the Cross</i> 7:00 pm in the Church</p> <p>February 20-21 2nd Collection at Mass Christ Child Society</p> <p>February 21 Adoration - Lamentations Gorzkie Zale 12:30 pm in the Church</p>	<p>WEEK 2</p> <p>February 26 <i>Stations of the Cross</i> 7:00 pm in the Church</p> <p>February 27-28 2nd Collection at Mass St. Vincent de Paul Society</p> <p>February 28 Adoration - Lamentations Gorzkie Zale 12:30 pm in the Church</p>	<p>Week 3</p> <p>March 5 <i>Stations of the Cross</i> 7:00 pm in the Church</p> <p>March 6-7 2nd Collection at Mass Women's Care Center</p> <p>March 6-7 Anointing of the Sick After all Masses</p> <p>March 7 Adoration - Lamentations Gorzkie Zale 12:30 pm in the Church</p>	<p>WEEK 4</p> <p>March 9 "The Light is on for You!" Reconciliation available 6:00-8:00 pm</p> <p>March 12 <i>Stations of the Cross</i> 7:00 pm in the Church</p> <p>March 13-14 2nd Collection at Mass Sharing Meadows</p> <p>March 14 Adoration - Lamentations Gorzkie Zale 12:30 pm in the Church</p>
<p>WEEK 5</p> <p>March 16 Fr. Sunday Akuh speaks about his Parish/Africa 7:00pm in Pastoral Center</p> <p>March 19 <i>Stations of the Cross</i> 7:00 pm in the Church</p> <p>March 20-21 2nd Collection at Mass Fr. Sunday's Parish</p> <p>March 21 Adoration - Lamentations Gorzkie Zale 12:30 pm in the Church</p>	<p>WEEK 6</p> <p>March 26 <i>Stations of the Cross</i> 7:00 pm in the Church</p> <p>March 27-28 2nd Collection at Mass New Carlisle Food Bank</p> <p>March 28 Adoration - Lamentations Gorzkie Zale 12:30 pm in the Church</p>	<p>HOLY WEEK - TRIDUUM - EASTER</p> <p>HOLY THURSDAY Mass of the Lord's Supper 7:00 pm, followed by Adoration and Confession until 10:00 pm</p> <p>GOOD FRIDAY Lord's Passion at 2:00 pm followed by Confession from 3:00-5:00 pm</p> <p><i>Begin Divine Mercy Novena</i></p> <p>Tenebrae Service 8:30 pm in the Church</p> <p>HOLY SATURDAY Church Decorating, 10:00 am Help needed, families welcomed!</p> <p>EASTER VIGIL 8:45 pm</p> <p>EASTER SUNDAY Mass Celebrated at 8:00 and 10:00 am.</p> <p><i>We warmly welcome all visitors to St. Stanislaus Kostka Parish!</i></p>	